



Cedar Creek
SENIOR LIVING
A Lifespark Community

Age Magnificently



Our Community Newsletter

August 2025

Celebrations

Resident Birthdays

Lorie A- 3rd

Carl J - 5th

Joe S - 18th

Phyllis G- 23rd

David T- 29th

Jeanne G- 31st

Staff Birthdays

Caylee P- 3rd

Megan G- 5th

Amanda A - 23rd

Griffin H- 24th

Neveah C- 27th

Staff Anniversaries

1 yr

Jocelyn E, Isabella O, Octavian P,
Hailey L, Amanda A

2yr

Angela W, Andy S, Neveah C

Here are some great things you
can celebrate in August

Aug 1- Water Balloon Day

Aug 2- Sunflower Day

Aug 3- Watermelon Day

Aug 4- Chocolate Chip Cookie Day

Aug 6- Rootbeer Float Day

Aug 9- Bowling Day

Aug 10- Smores Day

Aug 17- I Love My Feet Day

Aug 18- Fajita Day

Aug 20- Bacon Lovers Day

Aug 21- Senior Citizen Day

Aug 22- Tooth Fairy Day

Aug 25 - Banana Split Day

Aug 27- Peach Day

Aug 30- Beach Day



Executive Director, Stasha

Greetings Residents, Families, and Friends!

July has been a month full of sunshine and community here at Cedar Creek! Our Summer BBQ and Food Truck events have continued to be a huge success, bringing together residents, families, and staff for great food and even better company. Thank you to everyone who joined us and helped make these gatherings so special. Looking ahead, we're excited to celebrate National Night Out on Monday, August 5th at 5:30 PM. It is going to be a wonderful opportunity to connect with neighbors, enjoy refreshments, and mingle! We're also hosting a Hiring Event on Thursday, August 8th from 10:00 AM to 3:00 PM, and we invite anyone interested in joining our dedicated team to stop by. We look forward to seeing everyone as we continue to build a strong, vibrant community together!

As always, if you have any questions or concerns, or just want to say hello, please do not hesitate to stop by!

Happy August!

Stasha

Community Life with Wendy

August is a month of warmth and celebration at Cedar Creek Senior Living. As summer reaches its peak, our community embraces the season with engaging activities with focus on wellness and connection.



Residents can look forward to a calendar filled with themed events like National Watermelon Day, National Rootbeer Float Day, and World Senior Citizen's Day. From ice cream to games played with other communities, August is all about savoring sweet moments and strengthening bonds.

August is also a time to celebrate the legacy and wisdom of our residents. Through art projects, music programs, and community events, we honor their stories and create new memories together. Whether it's a lively bingo game or movie night, there's always something to enjoy

Let's make August unforgettable—together

Memory Care Fun in July



Events to Look Forward to in MC

Oshibori Before Meals
Every Other Tuesday
Manicures
Thursday Snack Activities
Mock Happy Hour
"Drive In" Movie
Banana Splits
Catholic Communion
Singing with Pastor Jean
Food Truck Fridays
Crafts



From the Desk of the Chaplain

Yesterday I went on a bike ride. The sun was shining yet there were clouds in the distance. Six miles into the ride, the clouds gathered, and it started sprinkling so I turned around to go back home. Suddenly the sprinkling turned suddenly into a full out deluge. Within a minute I was SOAKING WET! For a while, the rain was heavy, but I pushed through and kept riding. However, as I got closer to my house, the lighter the rain became. By the time I reached my house the rain was just sprinkling and by the time I changed out of my wet clothes, the clouds had parted, and the sun was shining.

This bike ride reminded me that while we like to think we are always in control of the circumstances of our lives, uncontrollable things happen such as a sudden decline in health, the death of a loved one receiving a life limiting diagnosis. We do what we can do to push through and learn to live into a new normal. Yet, we cannot do this alone, it takes a community of support to help us deal with life's surprises. Here at Cedar Creek, I have seen how in this community you support each other in dealing with the uncontrollable situations that life gives you. Through the support of this community the storms of life become lighter, the clouds part and you all shine on each other.

From Nursing with Sara

It's time to start thinking about flu and COVID Vaccines! We will be offering a vaccine clinic 9/22/2025. More details on how to sign up will be coming in the future. Protect yourself and others this coming this year!

Reminder



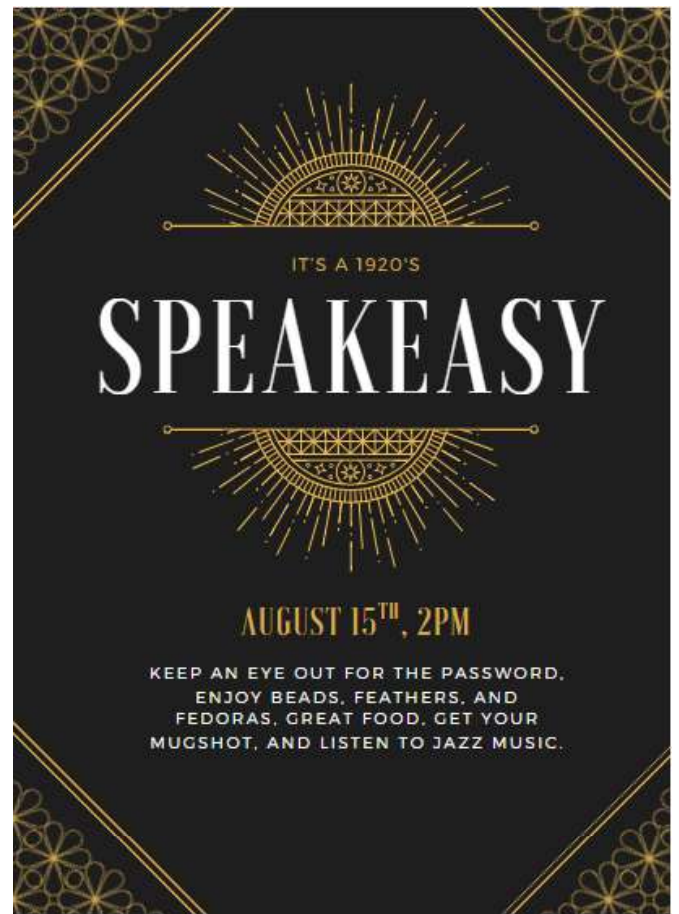
Quick reminder, please be mindful of your speed when entering the parking lot. People are concerned about the safety of residents and visitor alike when speeds exceed 10MPH.

New Wifi

Guest Network ID is LSSL Guest

The password is LifesparkWelcome

The guest network can be used by guests, residents, and other vendor connected devices. Other networks may be available. These old passwords have not changed.



**COMING IN SEPTEMBER
BACK BY POPULAR
DEMAND**



**MR AND MS CEDAR CREEK SENIOR
COMPETITION**

**CONTESTANTS IN MS AND MR DIVISIONS
COMPETE AND GET CROWNED!**

**INFORMATIONAL MEETING AUG 13,
2:30PM IN THE PUB**

July Activities in Assisted Living



AL Movies in August

Weekday movies are at 6pm in the Community Room. Saturday is at 4PM in the community Room.



August 3rd



August 11th



August 27

August Employees of the Month



Vicky Childers



Michael Diaz



Emily Frank

The Leadership Team



Stasha Andrews
Executive Director



Sara Carder
Director of Health Services



Morgan Seamon
Assistant Director of Health Services



Michele Dvorak
Director of Marketing



Christa Blesi
Business Office Manager



Wendy Zimmerman
Community Life Director



Griffin Huberty
Director of Environmental Services



Carlos Ciudad
Culinary Director



Michelle Miller
Administrative Assistant



Jean O'Bresky
Chaplain