

Age Magnificently



Our Community Newsletter

April 2025

Celebrations

Resident Birthdays

Phyllis D 4/08

Loretta J 4/10

Jane S 4/22

Meryl F 4/28

Janice S 4/29

Staff Birthdays

Annika H

Grace B 4/2 Isabella O 4/4 Chad Z 4/6 **Staff Anniversaries** Octavian P 4/9 Chad Z 2 years Brenda O 4/14 Alyssa S 3 years Nikkia L 4/21 Christine S 4 years Ijenela I 4/25 Morgan W 4 years Hailey L 4/26 Anna H 4/27

4/30

What can you celebrate in March?

April 1- April Fools' Day

April 3- National Burrito Day

April 5- Caramel Day

April 9- Unicorn Day

April 15- World Art Day

April 17- High 5 Day

April 20- Easter

April 22- Earth Day

April 25- Arbor Day

April 26- National Pretzel Day

April 28- Superhero Day



April is a time of renewal, both in nature and in the connections we share with others. As the days grow longer and the weather warms, it's the perfect moment to embrace the spirit of community. For you, this month may offer a wonderful opportunity to reconnect with friends, neighbors, and local organizations.

Community plays a vital role in maintaining well-being. Whether it's through volunteering, participating in local events, or simply spending time with others, these connections can bring joy and a sense of belonging. April's mild weather makes it an ideal time to get outdoors, whether it's enjoying a walk in the park or attending a spring festival.

This season is also a great time to explore new hobbies or revisit old ones, from gardening to joining a book club or attending a local concert. Staying active and engaged in the community can help boost overall happiness. I encourage you to take a look at the Ronald McDonald House Charity drive and Cooks for Kids outing coming up.

As April unfolds, remember that being part of a community is one of the best ways to thrive. Take advantage of the opportunities this month offers to connect, share experiences, and build stronger, more vibrant communities.



Events to Look Forward to in Memory Care

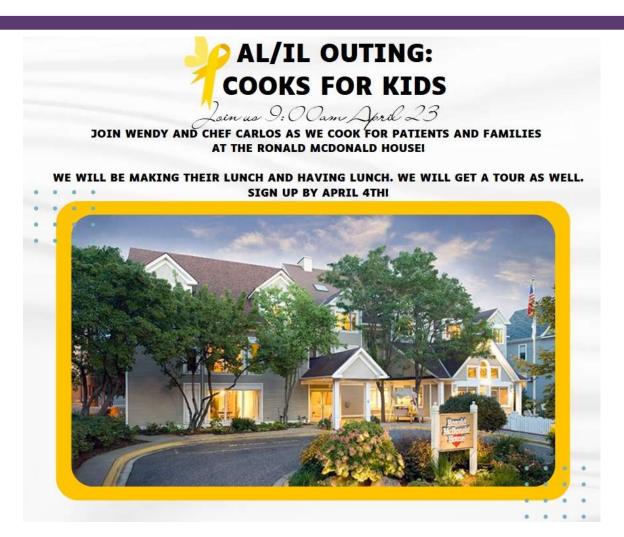
Oshibori Before Meals Every Other Tuesday Manicures Thursday Snack Activities

Flower Lei Craft Apr 7
Luau Apr 10
Mock Happy Hour Apr 12
Bunny Bottom Craft Apr 14
Pajama Day Apr 16
Easter Egg Hunt Apr 18
Flower Bouquet Craft Apr 21
Fish Bowl Craft Apr 28

From the Desk of the Chaplain

Happy Spring everybody!!! Every time this year the weather gets warmer, the grass gets greener, and perennial flowers start making their way out of the ground. As with every season we have an opportunity to appreciate nature and creation. I find that when I encounter difficulty and I feel overwhelmed, that all I have to do to calm down is go outside and breath in the fresh air. I then remember that no matter what is going on, the sun will always rise and set, the wind will blow where it may and like all of creation, I am held in the palm of God's hand. May you find the same comfort this spring!

Peace, Chaplain Jean





THIS MONTH, WE ARE COLLECTING FOR THE RONALD MCDONALD HOUSE UPPER MIDWEST WISH LIST. IF YOU WOULD LIKE TO CONTRIBUTE, PLEASE HAVE YOUR ITEMS COLLECTED AND IN THE LOBBY OR WELLNESS CENTER BOXES BY APRIL 21ST

> THEY GRATEFULLY ACCEPT NEW, UNUSED, AND UNEXPIRED ITEMS FOR USE BY THE FAMILIES WHO STAY WITH THEM.

THE MOST URGENTLY NEEDED ITEMS ON THEIR WISHLIST ARE:

CASH DONATIONS GIFT CARDS BOTTLED WATER COFFEE CREAMER

SHELF-STABLE INDIVIDUAL MEALS (LIKE MAC N CHEESE)

INDIVIDUAL CEREAL JUICE BOXES

SALAD DRESSING

FRUIT CUPS

BEEF OR TURKEY STICKS/JERKY

POP TARTS

APPLESAUCE CUPS INDIVIDUAL-SIZED BAGS OF NUTS

CAKE/BROWNIE/COOKIE MIX

CHEX MIX

ALL PURPOSE CLEANER WITHOUT BLEACH

HEAVY DUTY 10" PAPER PLATES

20 OZ. PAPER BOWLS

HOT TO-GO CUPS WITH LIDS

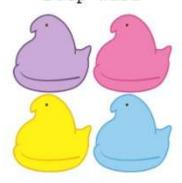
NADKINS

DISPOSABLE FORKS AND SPOONS

ZIPLOC BAGS - ALL SIZES

APRIL 18TH 1:00 IN THE PUB

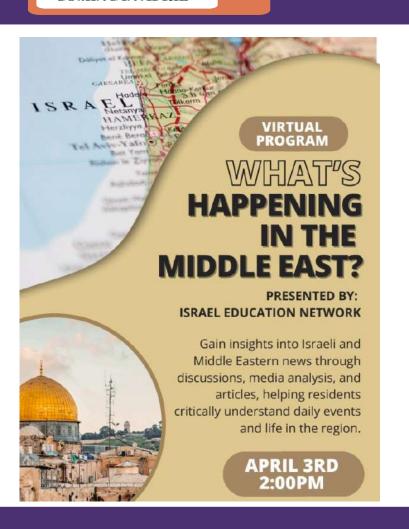
A New Annual Holiday Tradition: Peep Wars

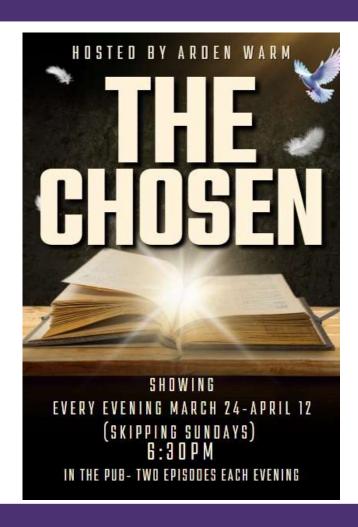


Join your community mates in the pub for a tournament to find out who is the best in cunning and strategy. Become the Champion of the Cedar Creek Peeps! Earn a peep trophy and treat!









A few April Fools

What do you call it when it rains ducks and geese? Fowl weather.

What kind of bow looks best when it's wet? A rainbow.

Why is April so clean? Because April showers.

What do clouds wear during spring showers? Thunderwear.

Notice of Change

Moving forward, Cedar Creek will continue to provide transportation to and from outings; however, residents will now be responsible for covering their own expenses. This adjustment aligns with the standard practice in other buildings and allows us to allocate more of the activities budget toward initiatives that benefit the broader community.

If you have any questions, please don't hesitate to reach out to Kevin Gast, Interim Executive Director

March Activities in Assisted Living



AL Movies in April



<u>Casablanca</u> April 23rd- 6:00pm in the community Room

Mrs Doubtfire
April 29th- 6:00pm in
the community room



April Employees of the Month







Megan



Amanda

Cheetahs are THIRD in the World!



CONGRATS CHEETAHS!
April games will be remote controlled forklifts.
Contact Wendy to Join!