



Cedar Creek
SENIOR LIVING
A Lifespark Community

Age Magnificently



Our Community Newsletter

February 2025

Celebrations

Resident Birthdays

Alan H 2/02
Lois V 2/07
Cindy C 2/08
Barb R 2/21
Betty G 2/25

Staff Birthdays

Angela W 2/01
Dakota L 2/02
Caitlin M 2/17
Jocelyn E 2/22

Staff Anniversaries

1 Year Wendy Z

Here comes February and So Many Great Holidays!

Feb 2 Groundhogs Day
Feb 5 Chocolate Fondue Day
Feb 9 World Pizza Day
Feb 14 Valentine's Day
Feb 17 Presidents' Day
Feb 20 Love Your Pet Day
Feb 20 Cherry Pie Day
Feb 22 Margarita Day

From the Executive Director- Anna Herzog



Dear Residents and Families,

I am writing to inform you that, effective February 14th, I will be stepping down from my role as Executive Director at Cedar Creek Senior Living. It has been an incredible privilege to be part of this wonderful community, and I want to sincerely thank you for allowing me to share in your lives over the past few years.

Since October 2021, I have had the honor of working alongside an amazing group of residents, families, and staff. Cedar Creek is truly a special place, filled with remarkable people who care deeply about one another. I am proud of all we have achieved together and confident that this community will continue to thrive.

To ensure a smooth transition, Emily Toll, Regional of Operations, will step in as the interim Executive Director. I will be working closely with Emily and the leadership team to provide support and ensure continuity during this time.

Thank you for your trust, kindness, and support throughout my time here. It has been a true honor to serve as your Executive Director, and I will always carry Cedar Creek and its incredible people close to my heart.

Warm regards,

Anna Herzog

Executive Director

Cedar Creek Senior Living



From Activities- Wendy Zimmerman

It's the Month of Love

Love is a force that transcends time, age, and circumstance. It is a bond that weaves its way into our lives in countless forms—through family, friends, and even the small joys we experience every day. At its core, love is about connection, understanding, and the deep sense of belonging it provides.

For many of in the later chapters of life, love takes on new meaning. It may be found in the warm embrace of a grandchild, the laughter shared with a dear friend, or the cherished memories of a lifelong partner. It is also present in the little acts of kindness we extend to one another—helping a neighbor with groceries, sharing a meal, or simply offering a smile to brighten someone's day.

Love reminds us that we are never alone. It inspires hope, nurtures our spirits, and enriches our days. As we celebrate love in all its forms, let us also remember the importance of showing love to one another. A kind word, a thoughtful gesture, or simply being present for someone can make a world of difference. Together, through love and kindness, we can create a community filled with warmth, understanding, and joy. Let's look forward to February and all the fun it promises to bring as we celebrate love and connection!

Great January Memories in Memory Care



Snowman Craft Box

Pizza Crackers

Icecream Sundaes



MEMORY CARE OUTING

CAFE DONUTS

**SIGN UP WITH MICHELLE AT THE FRONT DESK
BY CALLING OR EMAILING**

**YOUR RESIDENT CAN ONLY GO WITH YOUR
PERMISSION.**

**FEBRUARY 26
10 AM**

WELCOME NEW RESIDENTS RODNEY AND PHYLLIS!

A new company has filled out Bistro with new vending machines and products filled in them!

Your treats and drink purchases should now process reliably.

Let Michelle Know if you have any item requests to fill the machines and she will pass this along to our new vendor.

Pamper Yourself in Our Salon



VALID ONLY 2/11/25 - 2/13/25

***\$50 EXPRESS FACIAL WITH ONE ENHANCEMENT**

- ARM & HAND MASSAGE
- PARAFFIN TREATMENT
- **NEW! SCALP MASSAGE**
- **NEW! MANUAL LYMPHATIC MASSAGE**

***\$60 EXPRESS FACIAL & SHAMPOO STYLE
ADD AN ENHANCEMENT FOR *\$10**

***\$50 SHAMPOO
STYLE & MANICURE**

***\$70 SHAMPOO
STYLE & PEDICURE**

CALL 763-324-7663 TO BOOK

NEW ENHANCEMENTS

Coming to the salon 2/1/2025

MANUAL LYMPHATIC DRAINAGE TREATMENT

About this Treatment: **\$20**

This Treatment promotes detoxification and reduces swelling.

Add this treatment on to any facial for \$20.

SCALP MASSAGE TREATMENT

About this Treatment: **\$20**

This treatment helps enhance blood circulation in the head and neck area, which can help with hair growth and reduce stress and tension.

Add this treatment on to any facial for \$20.

CALL 763-324-7663 TO BOOK

Dave's Retiring

After 4 ½ wonderful years as our Environmental Services Director, Dave has officially retired! During his time here, Dave poured his heart into maintaining our beautiful community, ensuring it was always a safe, clean, and inviting place for residents, staff, and visitors alike. Dave's hard work, dedication, and care have been a cornerstone of our success, and his positive impact can be seen in every corner of our home. His efforts have not only kept our community running smoothly but have also made it a place we're all proud to call home.

Though we'll miss Dave's presence and expertise, we are so happy for him as he begins this exciting new chapter of life. Please join us in extending your heartfelt thanks and wishing Dave the very best in his well-deserved retirement.

Thank you for everything, Dave – you'll always be a part of our Cedar Creek family!



Order Your Charity Valentine's Day Chocolate Rose!

Order for your resident, your community mates, or coworkers!

\$1.00 each with all proceeds going to The American Heart Association

Orders due by Feb 11 to Wendy with order form. Can be emailed with payment or other arrangements with Wendy.

Delivered on Valentine's Day to your resident or staff member.



OUTING



ISANTI SPIRITS



Join us for a tour of their distillery, learn about the process of making Bourbon, Whiskey, and Gin, and enjoy a tasting after the tour.

Bus leaves from lobby on Feb 12 at 12:30

AL/IL OUTING

BEEF O' BRADY'S



Feb 17th in the lobby at 10:45.



MEN'S COFFEE AND



February 27th 10am in the Pub
Come see the Changes to Men's Coffee Hour

**LIFESPARK PRESENTS: LIFE LONG
LEARNING SESSIONS**

**VIRTUAL
PROGRAM**

PRESENTED BY: HOMESTEAD
NATIONAL HISTORICAL PARK



**Homesteading
for Freedom**

Learn how The Homestead Act of 1862 enabled 3,400 Black farmers to build homes, form communities like Nicodemus, Kansas, and pursue freedom, prosperity, and leadership despite systemic challenges.



**FEBRUARY 6TH
2:00PM**

WE ARE THE CHAMPIONS!!



Join the Spark Games!



Goooooo Cheetahs!



See Wendy For Details

Dear Residents,

We kindly ask for your help in maintaining our plumbing system here at Cedar Creek. Please remember to flush only toilet paper down the toilet. Items such as wipes (even those labeled as "flushable"), tissues, paper towels, or any other materials can cause significant issues, including clogs, backups, and costly plumbing repairs.

By following this simple guideline, you're helping to ensure our system runs smoothly for everyone. Thank you for your cooperation in keeping Cedar Creek a comfortable and functional home for all!

If you have any questions or concerns, please feel free to reach out to the office.

Thank you,

Show some LOVE



VALENTINE'S DAY ROSE ORDER FORM

Please fill out this form and return to Activities Director Wendy with Payment by Feb 11. All roses will be delivered to your chosen recipient(s) Feb 14. All proceeds go to the American Heart Association.

Sender's Name: _____

How many roses? _____

X\$1.00 _____

Total _____

Recipient's Name(s) _____

Payment Options:

___ Venmo:@Wendy-Lindberg ___ Paypal:globalunitedpageant@yahoo.com

___ CashApp:\$WHOPageantDesigns ___ Cash with order

February Employees of the Month



Amanda

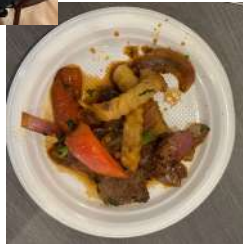


Kathy



Anna

January Fun in AL!



Lomo Saltado
w/ Carlos



Feed My Starving Children



Wicked



Corporate Year
End Awards



Melting Snowman Cookies

Pizza Ranch

Photo Pillow Craft

