



Cedar Creek
SENIOR LIVING
A Lifespark Community

Age Magnificently



Our Community Newsletter

December 2024

Celebrations

Resident Birthdays

Sharon L	12/06
Gayle H	12/08
Art S	12/14
Ann J	12/16
Bruce P	12/30
Ken O	12/31

Staff Birthdays

Joshua W	12/13
Carlos C	12/14
Wendy Z	12/17
Sara M	12/26

Staff Anniversaries

Michele D	2 years
Annika H	1 year
Linzy L	1 year

Here comes December and So Many Great Holidays!

Celebrate this month with some great holidays:

- Dec 1 National Pie Day
- Dec 2 Cyber Monday
- Dec 4 International Cheetah Day
- Dec 6 National Bartender Day
- Dec 7 Pearl Harbor Day
- Dec 12 National Gingerbread House Day
- Dec 13 National Cocoa Day
- Dec 15 National Cupcake Day
- Dec 20 National Go Caroling Day
- Dec 20 National Sangria Day
- Dec 21 National Crossword Puzzle Day
- Dec 25 Christmas
- Dec 26 First Day Hanukka
- Dec 26 First Day of Kwanzaa
- Dec 26 National Thank You Note Day
- Dec 30 National Bacon Day
- Dec 31 New Years Eve

From the Executive Director- Anna Herzog



As winter settles in and temperatures drop, we want to remind everyone to dress warmly when leaving the community to ensure comfort and safety. In cases of severe weather, we shelter in place here at the community. This applies to snowstorms, severe weather, tornado drills, power outages, and fire—unless you are in immediate danger. To ensure safety outside, we've partnered with Veterans Lawn Care to keep our parking lots salted and cleared of snow, working closely with our Maintenance Director. Thank you for your cooperation, and from all of us, Happy Holidays!

From Activities- Wendy Zimmerman



It's the Most Wonderful Time of the Year!

As the air turns crisp and festive lights begin to twinkle in windows and along streets, we find ourselves in what many consider the most wonderful time of the year. It's a season rich with joy, tradition, and a sense of togetherness that feels especially heartwarming.

From cozy family gatherings to bustling holiday markets, this season offers something magical for everyone. Children eagerly anticipate visits from Santa, while adults reflect on the year gone by, often inspired to spread kindness and goodwill. Even in the busiest moments—shopping for the perfect gifts, baking holiday treats, or decorating a tree—there's an undeniable warmth that reminds us of the importance of connection.

Beyond the festivities, the holiday season invites us to pause and cherish what truly matters: the people we love and the memories we create together. It's a time to express gratitude, extend generosity, and embrace the spirit of giving.

Whether you celebrate with a cup of hot cocoa by the fire, singing carols with friends, or volunteering to make someone else's season a little brighter, this time of year is a reminder of how beautiful life can be when we share it with others.

So, as you navigate the twinkling lights and the sound of familiar holiday melodies, take a moment to savor the wonder of it all. This season is a gift—one filled with joy, love, and endless opportunities to make memories that last a lifetime.

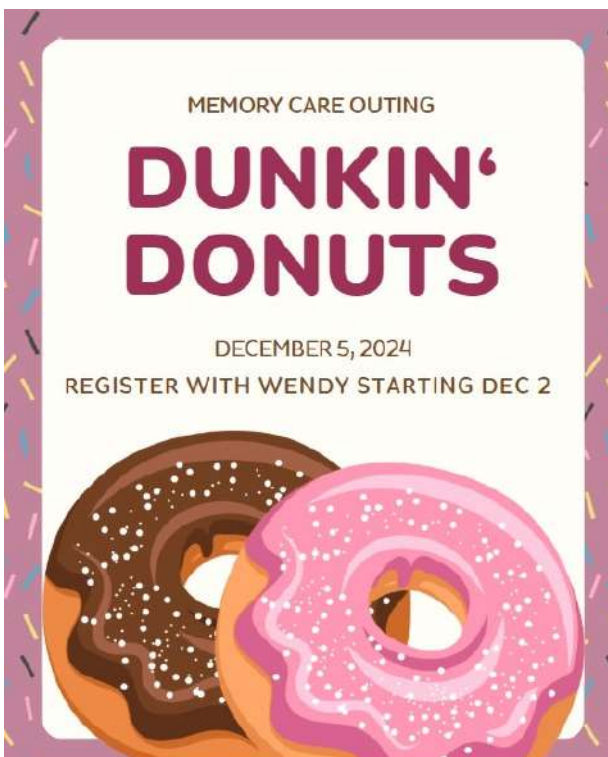
Happy holidays to you and yours. Let's make this the most wonderful time of the year!

What Happened in Memory Care in November?
By Wendy Zimmerman- Director of Community Life

Butter making, scarecrows, turkeys, hunting, icecream and more! Memory Care kept busy with lots of great activities.



Activities Coming Up in Memory Care



- Dec 2- Paper Chains with T15
- Dec 5- Donut Outing
- Dec 9- Gingerbread Wreath with T15
- Dec 10- Music with Kay
- Dec 11- Bobby and Christine
- Dec 16- Snowglobes with T15
- Dec 19- MC Christmas Dinner
- Dec 30- Music with Kay
- Dec 31 Darlin Jesse Birthday Celebration



Christmas
CRAFT MARKET

Take a trip to the Anoka Artisan Delights event for your Christmas Crafts and Gifts.

6
DECEMBER
9-30 AM

The poster features a red background with a string of colorful lights at the top. A green cloud-like shape contains the text 'Christmas CRAFT MARKET'. Below it are two wrapped gifts. A green gift box with a white ribbon is at the bottom right, containing the date and time. Snowflakes are scattered throughout.



18
DECEMBER

IN THE BISTRO

Meet Santa

9am-1pm

The poster shows a close-up of Santa Claus with a white beard and red suit, holding a golden bell. The date '18 DECEMBER' is in a red box in the top right. The text 'IN THE BISTRO' is above 'Meet Santa'. The time '9am-1pm' is in a red banner at the bottom.



AL/IL OUTING
MAGIC OF LIGHTS
DRIVE-THRU DISPLAY

DEC 19
4:30 PM

The poster has a dark blue background with a large Christmas tree made of colorful bokeh lights. The text is in a light pink color.



Stevie Ray's
Christmas
Comedy Cabaret
at the
Chanhassen

Dinner and Show
AL/IL Outing

Dec 20 5:00PM

The poster features a red background with a white sign that has a red border and yellow lights. The sign contains the text 'Stevie Ray's Christmas Comedy Cabaret at the Chanhassen'. Below the sign, the text 'Dinner and Show AL/IL Outing' is in yellow, and the date and time 'Dec 20 5:00PM' is in a white rounded rectangle.

A festive graphic for a cookie exchange event. At the top, the words "COOKIE EXCHANGE" are written in large, bold letters, with "COOKIE" in red and "EXCHANGE" in green. Below this, "RESIDENTS AND STAFF!" is written in black. In the center, there are three cookies: a snowman, a Christmas tree, and a gingerbread man. Below the cookies, a red banner contains the text "FRIDAY 20TH 1PM" with "20TH" in a green circle. At the bottom, it says "IN THE PUB".

COOKIE EXCHANGE

RESIDENTS AND STAFF!

Bring 2 dozen of your favorite cookies/holiday treats, and leave with an assortment of festive treats to sweeten your holiday season

FRIDAY 20TH 1PM

IN THE PUB



Christmas Gift Game

Join your neighbors for a gift game!
Wear your best ugly sweater (additional prizes for favorites) and play a game that will earn a Christmas gift!

1pm December 23 in the Pub!



Now is the time if you are interested in signing up for Lifespark Complete Services! With open enrollment for insurance, Lifespark Complete is an option for Ucare and Blue Cross Blue Shield Medicare replacement plans. This is a great option to have access to our in-house providers and mobile urgent response team! See nursing if you have questions on insurance, if you are eligible or would like the paperwork to sign up.

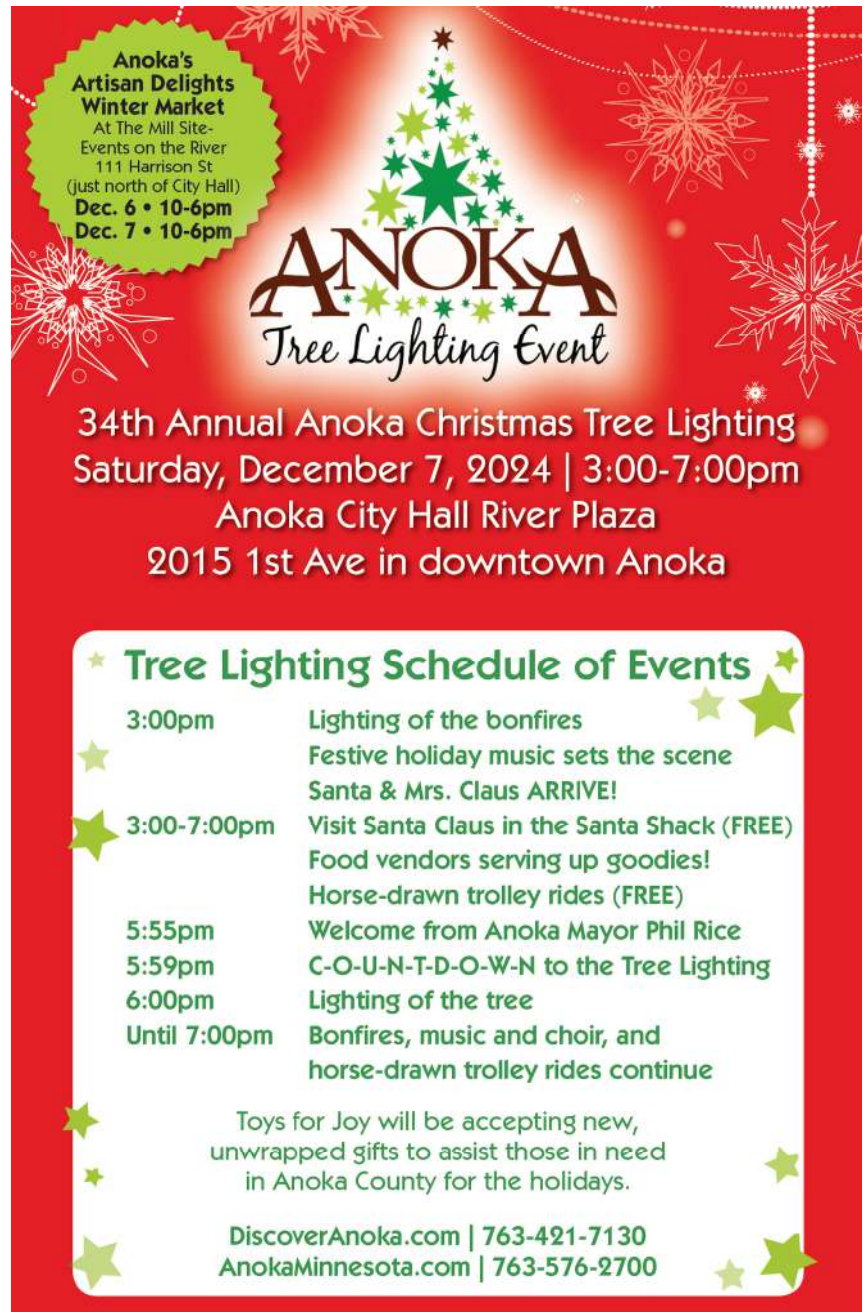
In the Community Around Us

**GEORGIANA & KITTY:
CHRISTMAS AT PEMBERLEY**

November 22, 2024 and runs thru
December 22
Main Street Stage, Anoka

GRINCHMAS 2024

An Anoka fan favorite event is hitting the streets again! The infamous yet beloved Grinch will be found roaming the streets of Downtown Anoka on Thursday December 19th from 4-7 pm!



Anoka's Artisan Delights Winter Market
At The Mill Site-
Events on the River
111 Harrison St
(just north of City Hall)
Dec. 6 • 10-6pm
Dec. 7 • 10-6pm

ANOKA
Tree Lighting Event

34th Annual Anoka Christmas Tree Lighting
Saturday, December 7, 2024 | 3:00-7:00pm
Anoka City Hall River Plaza
2015 1st Ave in downtown Anoka

Tree Lighting Schedule of Events

3:00pm	Lighting of the bonfires Festive holiday music sets the scene Santa & Mrs. Claus ARRIVE!
3:00-7:00pm	Visit Santa Claus in the Santa Shack (FREE) Food vendors serving up goodies! Horse-drawn trolley rides (FREE)
5:55pm	Welcome from Anoka Mayor Phil Rice
5:59pm	C-O-U-N-T-D-O-W-N to the Tree Lighting
6:00pm	Lighting of the tree
Until 7:00pm	Bonfires, music and choir, and horse-drawn trolley rides continue

Toys for Joy will be accepting new, unwrapped gifts to assist those in need in Anoka County for the holidays.

DiscoverAnoka.com | 763-421-7130
AnokaMinnesota.com | 763-576-2700



HISTORIC DOWNTOWN ANOKA'S MOST EXCITING SHOPPING EVENT OF THE SEASON!

STOCKING STROLL

ANOKA STOCKING STROLL

SATURDAY, DECEMBER 14 & SUNDAY, DECEMBER 15
10:00 AM - 4:00 PM BOTH DAYS

Fun New Traditions to Start in the 2024 Holiday Season

Decorate gingerbread houses

There's something positively dreamy about gingerbread houses. They smell good and evoke images of frosting-covered fairytales. While they may seem labor-intensive, there are plenty of kits available at grocery or craft stores that make quick work of the project, leaving plenty of time for the fun stuff like decorating and nibbling on candy. Or, if you know your way around a kitchen, try making one from scratch.

Gift Christmas pajamas on Thanksgiving

Jessica Burgess, owner of the lifestyle brand and blog Fantabulosity, is a big believer in gifting new Christmas PJs to kick off the season. "Each year, we love to get a new pair of pajamas for our kiddos for them to unwrap on Thanksgiving night," she says. Go the extra mile and pick up matching holiday jammies for the whole family.

Make a new advent calendar

While an advent calendar is a tradition in lots of families, Watson Jepsen likes to craft her own instead. Make a new one each year, using one of Watson Jepsen's tutorial or picking up a DIY kit from a store.

Create "baking kits" for friends and neighbors

Burgess loves creating "baking kit" gift baskets to spread some kindness around to friends and neighbors over the holidays, "so they can make treats for Christmas easily," she says. Throw in cookie cutters, homemade mixes, sprinkles and "adorable potholders."

November Fun in AL!





TRIM THE TREE

Bring your ornaments, make ornaments, add garlands, etc to our community tree*

**December 2-25
in the pub**

*you may take back anything you place on the tree after December 30th.