



Cedar Creek
SENIOR LIVING
A Lifespark Community

Age Magnificently



Our Community Newsletter

November 2024

Celebrations

Resident Birthdays

Kay D	11/9
Donna N	11/16
Kathy M	11/20
Walter L	11/25
J Loe	11/26
Jean H	11/27
Shirley M	11/27
Annette D	11/29
Jean E	11/30

Staff Birthdays

Emma S	11/24
Linzy L	11/28

Can you believe it is already November?

With a fun and fabulous October behind us, here comes November! Some Holidays this month that you may want to observe:

- Nov 5 - Election Day
- Nov 6 - National Nacho Day
- Nov 7 - National Merlot Day
- Nov 11 - Veteran's Day
- November 12 - National Happy Hour Day
- Nov 13 - National Kindess Day
- Nov 16 - National Fast Food Day
- Nov 18 - National Apple Cider Day
- Nov 26 - National Cake Day
- Nov 28 - Thanksgiving

From the Executive Director- Anna Herzog



Hello,

Please leave the Pub doors open to allow other residents in the community to enjoy the common space along side everyone else.

Feedback forms are located on the first floor across from the public restrooms and on the front reception desk. Please utilize these forms to communicate an incident or to provide our team with feedback or Kudos.

Cedar Creek has a Facebook page. Please follow us at Cedar Creek senior living for updates and posts about our community.

Cedar Creek is having a contest! All residents and families who provide cedar creek with feedback via google or our Facebook page will be entered into a drawing for a fall basket worth \$150.00.



From Activities- Wendy Zimmerman

It is the season to give thanks. As we all settle in for pies, corn, turkey, and mashed potatoes, many of us are asked, as we gather around the thanksgiving table, to share what we are thankful for.

In this issue, I thought I would take a moment to share what I am thankful for. So if you have a moment, let me illuminate, here.

ALL OF YOU! Yes, there are many other things: my children, husband, family, roof over my head etc... but this year I am especially thankful for YOU. Everyday, Cedar Creek brings me another reason to be so grateful for this job and the people around me. So this year, I just want to share that I am thankful for YOU! .

What Happened in Memory Care in October? By Wendy Zimmerman- Director of Community Life

Memory Care, as always, has been full of fun and adventure! With the return of our St Francis T15 students, activities have gained a number of great new energetic activities and a lot of youthful energy throughout the wing. Playing carnival games, sling shooting stuffed pumpkins, and creating lots of fun crafts have kept residents busy with smiles and joy.



Activities Coming Up in Memory Care



Fun with T15 every Monday and Wednesday
Snack Activity every Thursday

- Nov 4 Scarecrow Craft
- Nov 13 Andy Steinfeldt
- Nov 17 Butter Making : National Butter Day
- Nov 18 Turkey Craft
- Nov 21 Turkey Snack Activity
- Nov 25 Turkey "Hunting" with T15
- Nov 26 Birthday Celebration and Russell Skippin' Stones



FOR NATIONAL MERLOT DAY
WINE BAR OUTING

NOVEMBER 7, 3:45 PM
AMBI WINE BAR AND DESERTS, ANOKA



Sharing is caring!

**IT'S NATIONAL
HAPPY HOUR DAY!
LET'S CELEBRATE WITH A
POTLUCK PARTY**

Join us for happy hour and
share a favorite food item
you will bring with you!

November 12, 2:30 in the Pub

A festive graphic for a casino outing. It features a red and white scalloped border with a dotted pattern. Inside, the word "CASINO" is written in large, glowing yellow letters, with "Outing" in a cursive font below it. Above the text are several playing cards (Ace of Spades, King of Clubs, Queen of Diamonds, Jack of Hearts) and several dice. The background is white with gold and red accents.

CASINO
Outing

TO RUNNING ACES CASINO

NOVEMBER 27TH, 11:30AM

A photograph of a clear glass mason jar filled with various snacks, including nuts, seeds, and dried fruits, layered on top of each other. The jar is tied with a red and green plaid ribbon. The background shows a Christmas tree and other festive decorations.

**MASON JAR GIFT
MAKING**

NOVEMBER 29TH, 1:00
IN THE PUB

Cedar Creek Winter Parking Guidelines

For staff, residents, and their visitors that will be parking in any of our lots during the winter

After accumulating snow fall and once the plows have cleared the parking lots, you need to clean all the snow from your car and move the car to a plowed parking spot. I have you do this because when snow is left on your car and the sun comes out the snow will become wet and slid off your car. The area next to your car will build up with the wet snow and refreeze making a dangerous slipping hazard. After the cars are moved, I will go and clean off any snow that was around the car. I will remind everyone that does not move their car.

When snow is in the forecast, we need everyone to fill the front parking lot starting with the spot closest to the road. Fill every spot working towards the East end of the lot. This is so the snowplow company can clear one long row of parking spaces without having to work around cars. Please follow this plan, no cheating just to park closer to the door.



Staff when arriving at work please park in a cleared parking spot only. I must clean all the parking spaces once a car moves out of any unplowed space. If the lot has not been plowed, I need everyone to park at one end of the parking lot.

Please flatten all cardboard boxes no matter how short the box is.

The plastic bags cannot be put into the recycling dumpsters. We get charges per plastic bag that are found in the recycling dumpsters.

When our dumpster lids do not close all the way we get charged additionally as well. By putting the trash and recycling in the correct dumpster, evenly distributing trash or recycling in dumpsters, and flattening boxes and removing plastic bags from the recycling dumpsters, we can avoid extra charges.

Thank you.

November Cookie Decorating Class

Mon Nov 18 2024 at 07:30 pm to 09:30 pm
228 E. Main Street , Anoka

GEORGIANA & KITTY: CHRISTMAS AT PEMBERLEY

November 22, 2024 and run thru December 22
Main Street Stage, Anoka

2024 Anoka Craft, Gift and Vendor Show

November 16 10am-4pm
Anoka Technical College
1355 US-10
Anoka

The Great Pumpkin Trail

October 4 6:00 pm - November 2 10:30 pm
Pinehaven Farm, 28186 Kettle River Blvd, Wyoming, Minnesota 55092
\$17 – \$26

Give Me a Minute

Games are such a fun way to gather the kids and adults on Thanksgiving. Starting with some Thanksgiving Trivia and ending the day with Thanksgiving Minute to Win it Games is the perfect way to add joy and laughter to any Thanksgiving celebration.

Here is one to try and a few links to some other great ones to try at this year's family gathering.

<https://confessionsofparenting.com/thanksgiving-minute-to-win-it-games/>

Thanksgiving MINUTE TO WIN IT

Pie Eating Contest

Supplies: 2 pie tins or pie plates, can of whipped cream, bubble gum

How to Play:

Place a piece of bubble gum in the bottom of the two pie tins or pie plates. Fill the pie pans with whipped cream. Set a timer for 1 minute. One member of each team puts their hands behind their back and eats the whipped cream from the pie tin until they reach the bubble gum. They then try to chew the bubble gum and blow a bubble.

If one member does get to blow a bubble before the timer goes off, they win. If neither blows a bubble, whoever is closest wins!

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October Fun in AL!





THANKSGIVING WORD SEARCH

Q R P A R A D E G C I X A N F U L S
G R S C R A N B E R R I E S X C A C
K R E T Z K Z F S T A B L E I O U J
T K A H U S Z Z K X T P M E Q R T F
G U F T A F B T R A D I T I O N U R
Z R R S I R F Y E Y W Z F L I U M I
E A A K I T V I W W G Y U E X C N E
N A H V E G U E N W D T O A N O S N
W Y A W Y Y P D S G Y J E V P P G D
C G T F E A S T E T Q C M E X I F S
A G Q O E J D V O K Y P W S K A M I
F G H V T H A N K F U L V B Y C P K

FIND THE FOLLOWING WORDS IN THE PUZZLE. WORDS ARE HIDDEN ➡ ⬇
AND ⬆

TURKEY	PARADE
GRAVY	AUTUMN
CRANBERRIES	LEAVES
STUFFING	TRADITION
FRIENDS	TABLE
FEAST	GRATITUDE
HARVEST	THANKFUL
CORNUCOPIA	

