

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>WC= Wellness Center 2nd floor, P=Pub 2nd floor, D=dining room 2nd floor, C=community room 1st floor, B=Bistro 1st floor, BP=Bistro Patio 1st floor, CR=Conference Room 1st floor</p>	<p>Resident Birthdays Dora H Bill M Nancy S</p>		<p>1 May Day</p> <p>10:00 Catholic Communion Service (C) 10:30 Group Exercise-Exercise Bands (WC) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Stuck in the Mud Dice Game (P)</p>	<p>2</p> <p>10:30 Exercise Machines (WC) 1:00 Hats and Bows Crafting for Kentucky Derby (P) 2:30 Quarter Bingo (D) Remember to bring your quarters!</p>	<p>3</p> <p>10:30 Group Exercise-Cardio (WC) 1:00 The Really Big Show (P) 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Kentucky Derby Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Card Club-Independent Activity (P)</p>	<p>4</p> <p>10:30 Group Exercise-Chair Yoga (WC) 1:00 Resident's Choice Card Game (P) 2:30 Cookies and Coffee (P) 3:30 Exercise Machines 3:30p-4:30pm (WC)</p>
<p>5 Cinco de Mayo</p> <p>10:30 Group Exercise (WC) 1:00 Headbands Game (P) 2:30 Social Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC)</p>	<p>6</p> <p>10:30 Group Exercise-Weights (WC) 1:00 Forklift Practice 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P)</p>	<p>7</p> <p>10:30 Spiritual Talk with Jean (P) Non-Denominational 1:00 Forklift Competition (C) 2:30 Yahtzee Dice Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Skip-Bo Card Game (P)</p>	<p>8</p> <p>9:00 Walmart Outing 10:30 Group Exercise-Exercise Bands (WC) 1:00 Cards with Ruth (P) 2:30 Magic Show from Markus Clegg (D) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Movie Night (C) - The Martian</p>	<p>9</p> <p>10:30 Rhythm Fitness (WC) 1:00 Garden Meeting (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 6:00 Cribbage (Independent Activity-P)</p>	<p>10</p> <p>10:30 Group Exercise-Cardio (WC) 1:00 The Really Big Show (P) 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC)</p>	<p>11</p> <p>10:30 Group Exercise-Chair Yoga (WC) 1:00 Crazy 8's Card Game (P) 2:30 Cookies and Coffee (P) 3:30 Exercise Machines 3:30p-4:30pm (WC)</p>
<p>12 Mother's Day</p> <p>10:30 Group Exercise (WC) 1:00 Kings in the Corner (P) 2:30 Social Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC)</p>	<p>13</p> <p>10:30 Group Exercise-Weights (WC) 1:00 Forklift Practice (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P)</p>	<p>14</p> <p>10:30 Spiritual Talk with Jean (P) Non-Denominational 1:00 Forklift Competition (C) 2:30 Yahtzee Dice Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC)</p>	<p>15</p> <p>10:00 Catholic Communion Service (C) 10:30 Group Exercise-Exercise Bands (WC) 1:00 Craft Hour-Independent Activity (P) 2:30 3-13 Card Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 5000 Dice Game (P)</p>	<p>16</p> <p>10:00 Men's Hour- Show and Tell Coffee hour (P) 10:30 Exercise Machines (WC) 11:00 Outing to Clive's Roadhouse 2:30 Quarter Bingo (D) Remember to bring your quarters!</p>	<p>17</p> <p>10:30 Group Exercise-Cardio (WC) 1:00 The Really Big Show (P) 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Card Club-Independent Activity (P)</p>	<p>18 Armed Forces Day</p> <p>10:30 Group Exercise-Chair Yoga (WC) 1:00 Spoons Card Game (P) 2:30 Cookies and Coffee (P) 3:30 Exercise Machines 3:30p-4:30pm (WC)</p>

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19 10:30 Group Exercise (WC) 1:00 Headbands Game (P) 2:30 Social Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC)	20 10:30 Group Exercise-Weights (WC) 1:00 Forklift Practice (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P)	21 10:30 Spiritual Talk with Jean (P) Non-Denominational 12:45 Walmart Outing 1:00 Forklift Competition (C) 2:30 Yahtzee Dice Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Movie Night (C) - Wonder	22 10:30 Group Exercise-Exercise Bands (WC) 1:00 Astronaut Experience 2:30 Phase 10 Card Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC)	23 1:00 Cooking with Justine (B) 10:30 Rhythm 2:30 Quarter Bingo (D) Remember to bring your quarters! 6:00 Cribbage (Independent Activity-P)	24 10:30 Group Exercise-Cardio (WC) 1:00 The Really Big Show (P) 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC)	25 10:00 Trash to Treasure Open 10a-2p (C) 10:30 Group Exercise-Chair Yoga (WC) 1:00 Resident Choice Card Game (P) 2:30 Cookies and Coffee (P) 3:30 Exercise Machines 3:30p-4:30pm (WC)
26 10:30 Group Exercise (WC) 1:00 Kings in the Corner (P) 2:30 Social Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC)	27 Memorial Day 10:30 Group Exercise-Weights (WC) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P)	28 10:30 Spiritual Talk with Jean (P) Non-Denominational 1:00 Forklift Competition (C) 2:30 Yahtzee Dice Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC)	29 10:30 Group Exercise-Exercise Bands (WC) 2:30 Monthly Birthday Social with Live music from Tim Patrick (D) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Stuck in the Mud Dice Game (P)	30 10:30 Exercise Machines (WC) 1:00 Gnome of the Month Activity (P) 2:30 Quarter Bingo (D) Remember to bring your quarters!	31 10:30 Group Exercise-Cardio (WC) 1:00 The Really Big Show (P) 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Card Club-Independent Activity (P)	Please note activities are subject to change.