

April 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | |
|--|--|--|--|---|---|--|--|--|--|
| WC= Wellness Center 2nd floor, P=Pub 2nd floor, D=dining room 2nd floor, C= community room 1st floor, B=Bistro 1st floor, BP=Bistro Patio 1st floor, CR= Conference Room 1st floor | 1 April Fools' Day 10:30 Group Exercise-Weights (WC) 1:00 Forklift Practice (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P) | 10:30 Spiritual Talk with Jean (P) Non- Denominational 1:00 Card Craft with Ruth (P) 2:30 Yahtzee Dice Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC) | 10:00 Catholic Communion Service (C) 10:30 Group Exercise-Director's Choice (WC) 1:00 Gardening Interest Meeting (C) 2:30 Kings in the Corner (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Movie Night (C) - Rainman | 10:30 Exercise Machines (WC) 1:00 Make Your Own Veggie Dip (B) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30pm (WC) 6:00 Stuck in the Mud Dice Game (P) | 10:30 Group Exercise-Cardio (WC) 12:15 Visits From Reba 12:15-1:55 PM 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Card Club-Independent Activity (P) | 10:30 Group Exercise-Chair Yoga (WC) 1:00 Resident's Choice Card Game (P) 2:30 Cookies and Coffee (P) 3:30 Exercise Machines 3:30p-4:30pm (WC) | | | |
| 10:30 Group Exercise (WC) 2:30 Social Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) | 10:30 Group Exercise-Weights (WC) 1:00 Forklift Practice (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P) | 9 Eid al-Fitr 10:30 Spiritual Talk with Jean (P) Non-Denominational 1:00 Windchime Craft (P) 2:30 Live Music with Russell (D) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Yahtzee Dice Game (P) | 10:30 Group Exercise- Exercise Bands (WC) 1:00 Walmart Outing 2:30 Kings in the Corner Card Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Three or More Dice Game (P) | 10:00 Ladies Hour- Brunch (D) 10:30 Exercise Machines (WC) 1:30 Oldies and Hymns with Kay (D) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30pm (WC) 6:00 Cribbage (Independent Activity-P) | 10:00 Outing to Color Me Mine 10:30 Group Exercise-Cardio (WC) 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Card Club-Independent Activity (P) | 10:30 Group Exercise-Chair Yoga (WC) 1:00 Crazy 8's Card Game (P) 2:30 Cookies and Coffee (P) 3:30 Exercise Machines 3:30p-4:30pm (WC) | | | |
| 10:30 Group Exercise (WC) 2:30 Social Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) | 10:30 Group Exercise-Weights (WC) 1:00 Forklift Practice (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P) | 10:30 Spiritual Talk with Jean (P) Non-Denominational 1:00 Forklift Scrimmage (C) 2:30 Indoor Fishing Tournament 2:30-4pm (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Kings in the Corner (P) | 10:00 Catholic Communion Service (C) 10:30 Group Exercise- Exercise Bands (WC) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Tabletop Curling (P) | 10:00 Men's Show and Tell Coffee Hour (P) 10:30 Exercise Machines (WC) 1:00 Gnome of the Month Activity (P) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30pm (WC) | 10:30 Group Exercise-Cardio (WC) 1:00 The Really Big Show (P) 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Card Club-Independent Activity (P) | 10:30 Group Exercise-Chair Yoga (WC) 1:00 Spoons Card Game (P) 2:30 Cookies and Coffee (P) 3:30 Exercise Machines 3:30p-4:30pm (WC) | | | |



April 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|--|
| 10:30 Group Exercise (WC) 1:00 Headbands Game (P) 2:30 Social Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) | 10:30 Group Exercise-Weights (WC) 1:00 Forklift Practice (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P) | 10:30 Spiritual Talk with Jean (P) Non- Denominational 1:00 Forklift Competition (C) 2:30 Yahtzee Dice Game (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Movie Night (C)- Singing in the Rain | 10:30 Group Exercise- Exercise Bands (WC) 1:30 Oldies and Hymns with Kay (C) 2:30 Monthly Birthday Social with Live Music from the Wyoming Wanderers (D) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Tabletop Curling (P) | 10:30 Exercise Machines (WC) 11:30 TRYathlon Banquet (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 6:00 Cribbage (Independent Activity-P) | 10:30 Group Exercise-Cardio (WC) 1:00 The Really Big Show (P) 1:30 Interdenominational Worship Service with Chaplain Jean (C) 2:30 Happy Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Card Club-Independent Activity (P) | 10:00 Trash to Treasure Open 10a-2p (C) 10:30 Group Exercise-Chair Yoga (WC) 1:00 Resident Choice Card Game (P) 2:30 Cookies and Coffee (P) 3:30 Exercise Machines 3:30p-4:30pm (WC) |
| 10:30 Group Exercise (WC) 1:00 Kings in the Corner (P) 2:30 Social Hour (P) 3:30 Exercise Machines 3:30p-4:30p (WC) | 8:45 Walmart Outing 10:30 Group Exercise- Weights (WC) 1:00 Forklift Practice (C) 2:30 Quarter Bingo (D) Remember to bring your quarters! 3:30 Exercise Machines 3:30p-4:30p (WC) 6:00 Mexican Train Dominos (Independent Activity-P) | 10:30 Spiritual Talk with Jean (P) Non-Denominational 1:00 Forklift Competition (C) 2:00 Resident Council (C) 3:30 Exercise Machines 3:30p-4:30p (WC) | Resident Birthdays Donna Z. 4/07 Grace F. 4/10 Theresa G. 4/10 Meryl F. 4/28 Rachelle B. 4/28 Howard H. 4/29 Janice S. 4/29 | | Please note activities are subject to change. | |