

Fun Facts



Our Community Newsletter

Discover what's going on in your neck of the woods

Special Days



Cedar Creek
SENIOR LIVING
A Lifespark Community

Lets Celebrate!

Resident Birthdays

Joe M.	12/3
Sharon L.	12/5
Gayle H.	12/8
Art S.	12/14
Ann J.	12/16
Bruce P.	12/30



December 2023

Fun Facts

- The month of December brings the winter solstice in the Northern Hemisphere. This is the shortest day of the year (the day with the least amount of daylight).
- December's full moon, the Full Cold Moon, appears on Tuesday, December 26, reaching peak illumination at 7:33 A.M.
- December's traditional birthstone is turquoise. It is considered a symbol of good fortune and success. Zircon and tanzanite are also considered to be December birthstones.

Building Announcements

Cedar Creek Cheetahs

Your Cedar Creek Cheetahs are 7-0 and headed to the Spark challenge final four next week!
Go Cheetahs!



Aegis Therapy

We are pleased to announce that Aegis Therapies is now offering outpatient rehabilitation therapy services right here at Cedar Creek. This is not to replace your Home Health therapy through Lifespark, but to offer Rehab services in addition when you are discharged from LifeSpark Home Health. This service starts December 1st.

Message from Maintenance

Fire code rules for Cedar Creek Senior Living.

1. No open flames are allowed in the building. Candles, oil lamps, or anything that has flames is not allowed.
2. No dry plant decorations like wreaths, fresh-cut trees, or dry plants in pots. Artificial decorations are fine.
3. If you have an electric fireplace the power cord must be removed if it has any type of heater in it.
4. No smoking on the property. You or your guests cannot smoke here. This includes getting out of a vehicle and tossing a cigarette butt on the ground. I don't like picking them up and they can be a fire hazard as most are found in the landscaping woodchips in the flower beds.
5. Not a fire issue but chewing gum on the sidewalks and parking lots does end up in the carpet, so make sure gum is put in the trash when you are done with it.

Winter reminders

We ask everyone to report any slippery conditions on the sidewalks and the parking lots. If you have a balcony, only use plastic shovels to remove snow, and never use ice chippers or ice melters on the decking because its aluminum and chemicals will damage it.

Reminders

Holiday Meal

If you are planning on eating lunch here on Christmas and having guests, please sign up at the front desk with the number of guests that will be attending the meal.

Covid Vaccine Clinic

There will be a COVID Vaccination Clinic on 12/12/23. Consents were already sent out to all residents; these will need to be filled out and turned into Justine at the front desk or given to Danielle or Caroline before 12/6/23 in order to be included in the total head count for the clinic. This is important as we need to know the number of vaccines that are needed. The COVID vaccination clinic will be held in the community room. Reminder to wear clothing that allows access to your upper arm AND provides you with some privacy. Signs will be posted throughout the community as well. If you have any questions, please see the nursing department.

Rent Increase

Letters went out in regard to a rent increase of \$125. If you have any questions, please see Paige in the Business office or Anna.

Main Events

Outings

Walmart- December 11th from 2p.m.-4:30p.m.
Route 65 Pub and Grub- December 15th from 11a.m.-1:30p.m.

Pet Therapy

Join us December 6th at 1:30p.m. in the Community Room for a visit from Reba and learn more how to get special one on one visits with her!

Holiday Party

Join us December 20th at 2:30p.m. in the Dining Room for music from Todd Anderson, food, drinks, and a special visitor!

Remembrance Gathering

Join us December 12th at 1:30p.m. in the Community Room as we remember our friends and neighbors we lost recently. Coffee and cookies to follow.